



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Meals Include a Beverage (* Substitutions for Diabetic)		ALL LOCATIONS CLOSED IN OBSERVANCE OF NEW YEAR'S DAY	Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges	Citrus Alaskan Pollock Veggie Rice Pilaf Country Blend Veggies Multi-Grain Dinner Roll Chick Pea Salad Fresh Melon
		1	2	3
Hot Roast Beef Mashed Potatoes Peas & Carrots Wheat Bread Fresh Orange	BBQ Riblet Oven Fries Black Beans & Corn Wheat Bun Whole Apple	Roast Turkey w/Cheddar Veggie Rice Pilaf Broccoli Chef's Fruit Biscuit Oatmeal Raisin Cookie (*)	Western Strata Bake Hash Brown Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Fresh Banana	Chicken Breast Parmesan Penne Pasta / Marinara Squash Medley Wheat Vienna Bread Chilled Peaches
6	7	8	9	10
Sliced Bavarian Brat/ Cabbage Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	Chicken Chardonnay Mashed Potatoes Broccoli Multi Grain Bread Fresh Orange Chocolate Pudding (*)	Texas Chili Mac & Cheese Country Blend Veggies Multi Grain Bread Fruit Cup	Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears	Baked Pollock w/Lemon Baked Potato California Blend Veggies Wheat Bread Lemon Mandarin Pudding (*)
13	14	15	16	17
ALL LOCATIONS CLOSED IN OBSERVANCE OF MARTIN LUTHER KING DAY	Turkey Pot Roast & Gravy Baked Potato Peas & Carrots Multi Grain Bread Chef's Fruit	Spaghetti & Meatballs Marinara Sauce Broccoli Wheat Vienna Chilled Peaches	Chicken Tenders Country Gravy Bread Stuffing Mashed Sweet Potatoes Northern Bean & Tomatoes Whole Apple	Surimi Crab Alfredo Penne Pasta Zucchini w/Peppers,Onions Chef Choice Veggies Multi Grain Dinner Roll Fruit Cup
20	21	22	23	24
Baked Meatloaf Cauliflower Mash Potatoes Mixed Veggies Whole Wheat Roll Pineapple Tidbits	BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Bun Warm Apple Crumble	Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jello	Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fruit Yogurt Fresh Orange	Swedish Meatballs Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon
27	28	29	30	31

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE

~PLEASE CALL (630) 812-6750, BEFORE 9:00 AM, IF YOU NEED TO CANCEL YOUR DELIVERY~